



**School Name:** \_\_\_\_\_

**Contact Name:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**School Address:** \_\_\_\_\_

**Number of Students:** \_\_\_\_\_

**Number of Faculty/Staff Members:** \_\_\_\_\_

**BRONZE**

**Required Activities**

Bronze level breast feeding friendly employer

A member of SRTS and at least Bronze level Safe Routes to School Partner

25% of classrooms achieve at least bronze certification in RiseVT Classroom Scorecard

Health Education is provided to all students

15% of staff participate in PATH/VEHI

**Optional Activities (2/4)**

Drinking water is easily accessible by water fountain, refillable water station and water is promoted as the drink of choice throughout the school.

---

Before and after school fitness opportunities that are easily accessible to all students. This could include but is not limited to intramural sports, Girls on the Run, open gym, and/or pick-up sports.

---

Daily recess of 20 minutes or more is offered to ALL students K-6.

---

Did we miss something or is your school doing something else that is healthy and fun?  
Tell us more : \_\_\_\_\_

---

**Completed all your Bronze Level School Activities?**

Keep Rising and go for Silver!

**SILVER**

**Required Activities**

---

Achieve Silver Level in the Safe Routes to School Program

---

50% of classrooms are at least bronze certified in the RiseVT Classroom Scorecard

---

30% of staff is participating in PATH/VEHI

---

School lunch program offers a healthy breakfast daily

---

Established school wellness committee that meets at least quarterly and is named.

---

## Optional Activities

---

Vending machines, concession stands and/or ala carte offer healthy options

---

Fundraising only includes healthy food options or non-related food/beverage items.

---

School community participates in at least 1 community engagement activity/year above and beyond student requirement for community service.

What did you do: \_\_\_\_\_

---

Did we miss something or is your school doing something else that is healthy and fun?

Tell us more : \_\_\_\_\_

---

**Completed all your Silver Level School Activities?**

Submit your Scorecard to RiseVT to receive your \$500 Wellness Reward!

## GOLD

### Required Activities

---

50% of classrooms are silver certified or above

---

50% of staff participate in PATH/VEHI

---

Wellness committee has a vision, mission and plan to develop and expand school wellness and at least 25% of members are current students.

---

Farm to School is active within school and may include but is not limited to:

- Garden on Site
- Purchasing from local farmers/growers
- Produce from garden utilized in School Lunch Program
- Harvest of the Month

---

There are no vending machines on site or they ONLY offer healthy options.

---

## Optional Activities

---

No advertising of unhealthy food and drinks within the schools jurisdiction

---

Fitness Room Onsite

---

Wellness committee has completed the Coordinated School Health Index within the last five years

---

Did we miss something or is your school doing something else that is healthy and fun?  
Tell us more : \_\_\_\_\_

---

**Completed all your Gold Level School Activities?**

Submit your Scorecard to RiseVT to receive your \$1,000 Wellness Reward!

**LET'S #RISEVT TOGETHER!**

© 2016 RiseVT. All rights reserved | [www.risevt.org](http://www.risevt.org)